

Welcome to the Siouxland District Health Department (SDHD) Website. Use the A-Z Index to easily search our site or find out more about our programs and services by clicking on that tab.

SDHD's mission statement: **"leading a collaborative effort to build a healthier community through improved access to health services, education and disease prevention."**

Vision statement: **"A healthy community for all"**.

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### **CONFIRMED MEASLES CASE WITH OMAHA AND BLAIR, NEBRASKA EXPOSURES**

A confirmed case of measles has been reported to the Douglas County Health Department in Omaha. People who were at the following locations during the indicated dates and times, may have been exposed to the infected person:

Country Bible Church, Blair	January 11, 2015 (11:00 AM – 2:00 PM)
Costco, 12300 W. Dodge Rd, Omaha	January 12, 2015 (6:30 PM – 9:30 PM)
Omaha Children's Museum	January 15, 2015 (12:15 PM – 5:30 PM)
Blair Dance Center, Blair	January 15, 2015 (4:15 PM – 7:05 PM)

There have also been exposures at Disneyland in California.

It's important to note that just because you were at these locations at these time does not mean that you have contracted measles. However, measles is a highly contagious disease and an exposed person that is either unvaccinated or under-vaccinated is at high risk for contracting the illness.

There have been several measles cases in South Dakota recently and now with a case with Omaha exposures, it is very important the all of us check our immunization status.

2 doses of MMR vaccine is the current recommendation for proper vaccination status.

Symptoms of measles include a fever and a rash. The rash is red and blotchy that typically starts along the hairline and face then spreads downwards towards the rest of the body. Fever can get as high as 105°F.

Please see your physician if you've been to the locations above at the prescribed time AND have the symptoms of measles.

Click [here](#) for more information.

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## February is Children's Dental Health Month

Lohr Family Dentistry, Dr. Dona Prince, and Sunnybrook Dental will be providing FREE services BY Appointment on the dates indicated below. Please call the office of your choice to see if your child, age 18 and under, qualifies and to set up an appointment! **Dr.**

Dr. Julie Lohr

2918 Hamilton Blvd

712-255-1163

Fri, Feb. 6

8AM to 1PM

Dr. Dona Prince

4220 Sergeant Rd.

712-274-2228

Mon, Feb. 9

8AM to 5PM

Dr. Mindy Stevens

5708 Sunnybrook Dr.

712-274-2338

Fri, Feb 6

Starting at 8AM

[View more info and also&nbsp;in Spanish.](#) If you have questions, please contact I-Smile Coordinator, April L. Padgett, RDH at 279-6119 or 712-635-1224.

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## January is Radon Action Month – Has Your Home Been Tested?

Do you know if your home has elevated levels of radon? Radon is an odorless, colorless, tasteless gas that causes no immediate health symptoms, but long-term exposure is the second leading cause of lung cancer. Iowa has the highest percentage of homes with elevated radon levels in the nation.

Radon is a breakdown product of uranium found in soil, rocks, and water. Radon gas seeps into

a house from the soil around and under the home; through cracks in the foundation, floor or walls; through hollow-block walls; and through openings around floor drains, pipes and sump pumps. Radon has been detected in new homes and in old homes, and in homes with or without basements.

Test kits are simple to use and inexpensive. Siouxland District Health Department, 1014 Nebraska St, is offering radon test kits for \$5 each to walk-ins. Kits can also be purchased in most hardware stores or by calling the Iowa Radon Hotline at 800-383-5992.

You can view our Radon Fact Sheet [here](#) . Or for more information about reducing radon hazards in your home as well as a listing of licensed measurement and mitigation specialists can be found at <http://www.idph.state.ia.us/Radon/>

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