SDHD in currently working to improve the health and quality of life of Woodbury County residents through the implementation of a variety of health planning, health promotion and wellness services.

Health Promotions works with community partners and coordinates the community health needs assessment process through Healthy Siouxland Initiative. Healthy Siouxland Initiative is comprised of local health care providers, educators, human service personnel, physicians, religious leaders, social agency staff, and law enforcement officials. HSI has nearly 100 individual members representing over 30 organizations in Siouxland. HSI meets at Siouxland District Health Department from 12:00PM - 1:00PM on the fourth Thursday of each month.

Health Promotions also coordinates Live Healthy Siouxland (LHS). LHS is a community-based initiative that is designed to create "A Climate of Wellness" for Woodbury County, Iowa. Live Healthy Siouxland's goal is to prevent an increase in obesity rates within Woodbury County through a variety of strategies dealing with nutrition and physical activity. Some of those strategies include enhancing worksite wellness programs, promoting policy and programming for youth, promotion of local foods, and supporting healthy choices. Live Healthy Siouxland is one of five focus areas of the Healthy Siouxland Initiative. Learn more about LHS by visiting [www.healthysiouxland.org](http://www.healthysiouxland.org).

Interested in learning more about our Worksite Wellness Initiative and how your business can develop a results oriented wellness program. Consider joining the Worksite Wellness Council. This council is made up of more than 100 individuals from over 70 businesses in the Siouxland area. Members are encouraged to attend meetings held at SDHD on the third Wednesday of the month from 8:00 A.M. to 9:00 A.M. Learn more about the Worksite Wellness Council by clicking here. We also provide technical assistance with program development, implementation, evaluation and policy systems, and environmental changes. If interested contact Angela Drent at [adrent@siouxlanddistricthealth.org](mailto:adrent@siouxlanddistricthealth.org).

Siouxland District Health Department's Health Promotions team is currently working on grants funded through the Iowa Department of Public Health called the Tobacco Control and Prevention.
Current Sioux City-Area food pantry schedule.