

DO YOU STRUGGLE WITH YOUR MEDICATIONS, WITH BATHING, or WITH CLEANING YOUR HOME?

HEALTH MAINTENANCE PROGRAM

We offer the following services to eligible Woodbury County residents :

- Coordination with a physician, pharmacy, community agency or caregiver
- Monitoring of medication compliance, set up medications if necessary, and education on prescribed medications
- Administration of Injections
- Teaching and nursing Interventions
- Team collaborative approach with services
- Maintain stability of current illness at highest level possible
- Physical, emotional, and home safety assessments
- Referral to other community agencies as needed



Call us today to see if you qualify and could benefit from our services

712-279-6119

1-800-587-3005

YOU MAY QUALIFY IF YOU:

- ◆ Have a stable, chronic condition
- ◆ Require nursing visits approximately 1 to 2 times a month. An example may be for supervision of or setting up medications
- ◆ Meet financial guidelines and follow a sliding fee scale
- ◆ Do not require intense skilled home health services
- ◆ Must live in Woodbury County



Your care will be in good hands. We will help you keep connected with your physicians, pharmacists, other medical services, and community resources.

Homemaker/Personal Care Program

The Homemaker/Personal Care Program provides services to clients in their homes to maintain and prolong their ability to remain independent at home. Services are provided to eligible Woodbury County residents using a sliding fee scale.

Examples of services may include:

- ◆ Bathing and hair care
- ◆ Assistance with getting in and out of bath tub/shower
- ◆ Assistance with laundry
- ◆ Light housework to include dusting, vacuuming, cleaning of bathrooms and kitchen



Services are provided by Direct Care Workers under the direction of a program case manager. Services provided are based on client need and program admission criteria. Referrals are accepted from physicians, hospitals, families directly, social service agencies and home health providers.

Experience You Can County On

We have a team of dedicated and caring health professionals that includes: Registered Nurses, Direct Care Workers, and Interpreters. All of our staff have extensive health care experience. We have been providing public health and personal health care services to Woodbury County residents for over 50 years.



Mission

To create a healthy community through health education, health protection, and disease prevention.

Vision

A healthy community for all.

*1014 Nebraska Street
Sioux City, Iowa 51105
Phone: 712-279-6119
Toll Free: 1-800-587-3005
Fax: 712-255-2605
Hours: 8:00 AM-4:30 PM
Monday-Friday
www.sioxlanddistricthealth.org*

**Siouxland District Health
Department**

Health Maintenance/ Homemaker/Personal Care Program



Touching one life
at a time

712-279-6119