

Public health promotes wellness by encouraging healthy behaviors

Health Promotions and Chronic Disease Prevention

Siouxland District Health Department facilitates the Woodbury County CHNA (Community Health Needs Assessment) every three years with community partners

Our **Health Promotions** Team brings initiatives to our community such as:

- The Walking School Bus and Safe Routes to School Programming
- NEMS (Nutrition Environment Measures Survey) assessments for healthier cafeterias, vending machines & concessions
- Community “Walkability” Assessments
- Improve physical activity and nutrition access points for those with a disability
- Worksite and community gardens
- Fruits and Vegetable Prescription program



Tobacco Prevention and Control programming to Woodbury County such as Tobacco/Nicotine-free worksites and Smoke-free multi-unit housing

Facilitates Healthy Siouxland Initiative (HSI), Tobacco Free Siouxland, Healthy Siouxland (HS), All Abilities Health and Wellness Coalition and the Food Policy Group.



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Monday - Friday
8:00 a.m. - 4:30 p.m.
Clinic Hours Vary

www.siouxlanddistricthealth.org



The Siouxland District Health Department was established in 1978 under the authority of Chapter 137 of the Code of Iowa and is governed by the Siouxland District Board of Health. The Board meets the second Wednesday of each month at 12:00 noon. Meetings are open to the public.

November 2021



Mission
Leading a collaborative effort to build a healthier community through improved access to health services, education and disease prevention

Vision
A healthy community for all



What We Do for the Community

Public health promotes and protects the health of people and the communities where they live, learn, work, and play

Family and Community Health Services

Vaccines for Children (VFC) provider for childhood immunizations birth through age 18 who meet eligibility guidelines:

- Child is enrolled in Medicaid
- Child is underinsured
- Child has no health insurance
- Child is American Indian or Alaska Native



International Travel and Adult Immunizations (fees vary)

Health Maintenance/ Homemaker Program

to assist clients with chronic, stable health conditions

- Medication education, compliance & set up
- Personal Care Assistance
- Light Housekeeping, Laundry
- Client Teaching and Assessment

Women, Infants and Children (WIC) supplemental food program serving eligible pregnant, breastfeeding, and postpartum women, infants, and children to age 5

Maternal, Child, Adolescent Health Program from birth through 21 provides

- Prenatal health education
- Assistance to find a physician and/or dentist
- I-Smile for dental education, screening, and fluoride varnish for children
- Assistance with Hawk-I health coverage for uninsured children and Medicaid enrollment

Care for Yourself Program for eligible women aged 40-64 for free mammogram, clinical breast exam, pap smear, lipid/glucose testing, heart disease screening for counties of Woodbury, Ida, Plymouth, Sioux, Lyon, O'Brien and Cherokee

Tuberculosis (TB) Skin Testing for a fee

HOPES HFA accredited free in-home visitation program for pregnant women and infants 3 months or under



Acute Infectious Disease, Epidemiology and Preparedness

Sexually Transmitted Disease (STD) Examination, treatment, and education

Childhood Blood Lead Analysis

Epidemiological Investigation, Follow Up, and Information on Communicable Disease

HIV Testing and Counseling

Air Pollen Level Monitoring

Water Analysis for municipalities, public, private wells and swimming pools (fees vary). Free Bacteria, Nitrate and Arsenic testing for Woodbury County well owners

Environmental Services

Regulatory Inspections for Retail Food and Hotel/Motel inspection and licensure for counties of Woodbury, Plymouth, Sioux, Lyon, Osceola, O'Brien, Cherokee, Clay, Dickinson, Emmet, and Palo Alto

- Foodborne Illness Outbreak Investigation
- Restaurant Complaint Investigation
- Food Safety Education



Public Swimming Pools and Spa, Tattoo Establishment, and Tanning Establishment inspections for counties of Woodbury, Plymouth, Sioux, Lyon, Osceola, O'Brien, Dickinson, and Palo Alto

Groundwater Safety

Well Drilling and Septic Installation Permits

Well Water Collection, Well Remediation, and Well Plugging assistance

Septic Pumper and Land Application Inspection

Disease Prevention

Animal Bite Quarantines and Rabies Exposure Follow up

Mosquito Collection and Virus Surveillance

Healthy Homes and Radon Information and Education

Childhood Lead Poisoning Prevention and Surveillance