

### DO YOU STRUGGLE WITH YOUR MEDICATIONS, WITH BATHING, or WITH CLEANING YOUR HOME?

#### **HEALTH MAINTENANCE PROGRAM**

We offer the following services to eligible Woodbury County residents :

- Coordination with a physician, pharmacy, community agency or caregiver
- Monitoring of medication compliance, set up medications if necessary, and education on prescribed medications
- Administration of Injections
- Teaching and nursing Interventions



- Team collaborative approach with services
- Maintain stability of current illness at highest level possible
- Physical, emotional, and home safety assessments
- Referral to other community agencies as needed

Call us today to see if you qualify and could benefit from our services

712-279-6119

1-800-587-3005

#### YOU MAY QUALIFY IF YOU:

- ♦ Have a stable, chronic condition
- Require nursing visits approximately 1 to 2 times a month. An example may be for supervision of or setting up medications
- Meet financial guidelines and follow a sliding fee scale
- Do not require intense skilled home health services
- Must live in Woodbury County



Your care will be in good hands. We will help you keep connected with your physicians, pharmacists, other medical services, and community resources.

Homemaker/Personal Care Program
The Homemaker/Personal Care Program
provides services to clients in their homes
to maintain and prolong their ability to
remain independent at home. Services
are provided to eligible Woodbury County
residents using a sliding fee scale.

#### Examples of services may include:

- Bathing and hair care
- Assistance with getting in and out of bath tub/shower
- Assistance with laundry
- Light housework to include dusting, vacuuming, cleaning of bathrooms and kitchen

Services are provided by Direct Care
Workers under the direction of a program
case manager. Services provided are
based on client need and program
admission criteria. Referrals are
accepted from physicians, hospitals,
families directly, social service agencies
and home health providers.

#### **Experience You Can Count On**

We have a team of dedicated and caring health professionals that includes: Registered Nurses, Direct Care Workers, and Interpreters. All of our staff have extensive health care experience. We have been providing public health and personal health care services to Woodbury County residents for over 50 years.





#### **Mission**

To create a healthy community through health education, health protection, and disease prevention.

#### **Vision**

A healthy community for all.

Sioux City, Iowa 51105 Phone: 712-279-6119 Toll Free: 1-800-587-3005 Fax: 712-255-2605

1014 Nebraska Street

Hours: 8:00 AM-4:30 PM Monday-Friday

www.siouxlanddistricthealth.org

## Siouxland District Health Department

# Health Maintenance/ Homemaker/Personal Care Program



Touching one life at a time

712-279-6119